

# SportPharma®



ITEM	SIZE
11030	180 Capsules

Advanced Muscle Buffering Formula

# Beta Alanine

## 2000MG OF BETA ALANINE PER SERVING

*Carnosine Booster*

*Assists in Delaying Muscle Fatigue*

*Helps Promote Increased Strength*

### Supplement Facts

Serving Size 3 Capsules  
Servings Per Container 60

Amount Per Serving		%DV
Beta Alanine	2000mg	**
Cell Buffer Blend		
Sodium Phosphate	25mg	**
Potassium Phosphate	25mg	**
Calcium Phosphate (dibasic)	25mg	**
Magnesium Phosphate (dibasic)	25mg	**

\*\* Daily Value (DV) not established.

### PRODUCT DESCRIPTION:

SportPharma Beta Alanine contains 2000mg of beta alanine ( $\beta$ -alanine) per serving and is fortified with a special base of electrolytes, added for their ability to assist with cell buffering and absorption. How does  $\beta$ -alanine work? Resistance exercise and other various athletic activities cause our bodies to produce lactic acid and use up stored ATP. This causes muscle pH to drop and become more acidic due to the large amount of hydrogen ions produced by these processes. As muscle pH drops, the ability for our muscles to perform at their highest level decreases. SportPharma's Beta Alanine works by increasing muscle carnosine levels. Carnosine, in turn, works as a muscle buffer by soaking up these extra hydrogen ions. In scientific studies,  $\beta$ -alanine has been shown to increase strength, power output, endurance, exercise capacity, muscle mass, and delay the onset of neuromuscular fatigue. SportPharma's Beta Alanine is perfect for individuals on a weight training program and any individual who practices a sport where strength, power and endurance are needed.

### Our Pledge:

Buying a supplement is a big deal. You want quality. You want what's on the label inside the bottle. You want products that work. At SportPharma, we manufacture our own products to exacting standards, test them, and then stand behind them with a guarantee. We use ingredients that have been researched in the lab and tested in the real world. At SportPharma, our goal is to deliver quality products that will work and help you grow. Quality. Trust. Results. Guaranteed. That's SportPharma. That's quality you can build on.

**Other Ingredients:** Whey (milk), gelatin, magnesium stearate. Made in a GMP facility on equipment that processes milk, soy, egg, peanuts, tree nuts, fish, shellfish, and wheat.

**Directions:** Take one serving twice per day, preferably 3-4 hours apart. On workout days, take one of the servings approximately 30 minutes prior to your workout.

**Our Guarantee:** Every product comes equipped with our 100% unconditional money back guarantee. If you are not satisfied, take the remainder of this product with receipt back to your place of purchase for a full refund or credit.

Formulated & Manufactured By:

**SportPharma®**

Made in the U.S.A.  
New Brunswick, NJ 08901

Tel: 732-545-3130 | Web: [www.SportPharma.com](http://www.SportPharma.com)